

2002

LIBERTY LAKE DAY CAMP

2011



# Parent Resource Guide

Important Stuff that you Really Need to Know!



## NEW MAILING ADDRESS!!!

1195 Florence-Columbus Rd.  
Bordentown, N.J. 08505  
(Exit 52A off Rt. 295)



(609) 499-7820

[fun@libertylakedaycamp.com](mailto:fun@libertylakedaycamp.com)

[facebook.com/LLDCFANPAGE](https://www.facebook.com/LLDCFANPAGE)

[libertylakedaycamp.blogspot.com](http://libertylakedaycamp.blogspot.com)

[LibertyLakeDayCamp.com](http://LibertyLakeDayCamp.com)

# What is CAMP?

Camp is an extraordinary world- a wonderful community of love and acceptance, where everyone can grow as individuals towards being happy, healthy, & successful people. It's a place where:

- **Being a good friend is the highest value. We learn the skills of making and keeping friends.**
- **Everyone feels physically and emotionally safe at all times.**
- **We commit ourselves to treating each other with respect and care.**
- **We confront disrespectful or hurtful behavior when we see it happen.**
- **We stand up for what is right and take care of each other like brothers and sisters.**
- **We encourage each other to try new things, to explore and give our best effort.**
- **We come to Camp each day ready to play and learn about life at the activities we choose.**
- **We take healthy risks, and if we fail, we learn from our mistakes and friends encourage us to try again.**
- **We learn to be good leaders as well as good team members.**
- **We take care of our Camp and its natural surroundings because we love and respect it.**
- **We listen and relate to each other with respect and understanding.**

At Liberty Lake, the statements above are more than just words- we hold each other accountable to them each and every day of Camp. These principles can only happen if we adhere to the highest of standards. Our vision is that our campers and staff take these high standards from Camp back to their lives in the "ordinary world" the rest of the year, to help make positive change. Please discuss these principles with your children, as we discuss them with our staff, so that we all understand what is expected of us. We address them on the first day of Camp, and throughout the summer.

*Andy & Jill Pritikin, Jason Samuel, Joe Craig, Brandi Carnivale, Ellyn Kellerman  
and the Liberty Lake Leadership Team*

## **"PARTNERING WITH PARENTS" - Wednesday, June 8, 6:30 to 8 PM**

**For all NEW Camp Parents & Parents of entering Freshmen (explains elective program)**

In keeping the lines of communication as clear & open as possible for our new families, we invite our **parents (no kids, please)** to an open forum with Director Andy Pritikin. How will the campers and parents feel during their first week of Camp? Why are the rules the rules? What is our discipline policy? Learn about our Camp culture and some of the fun traditions we have. Day Camp can seem complicated to both kids and parents- electives, swims, division leaders, etc- **So bring all your questions- and don't leave until we answer every one of them!**

**MEET 'N' GREET - Tuesday, June 14, 6:30 to 8 PM** Come out before Camp begins (**with your kids**) to meet your child's Group Leader, Counselors, Division Leader and the Camp Nurses (bring in any medications). We will also be handing out backpacks and T-Shirts (to otherwise be given out on Campers' first day). Attendance is optional, but strongly encouraged- Knowing names and faces makes the 1st day of Camp extra smooth!

**FAMILY NIGHT - Thursday, August 4, 5:30 to 7:30 PM** Enjoy our famous Liberty Lake BBQ dinner plus fun Camp activities with family & friends in a relaxed setting at Camp. Campers go home on the bus (unless arrangements are made) and return to Camp with their family for food, fun, the "**CAMP ROCK**" performance, and the much anticipated 5-Year "**OLD TIMER'S CLUB**" **CEREMONY**, and our first ever **10-YEAR CEREMONY**. Family night is for all 2011 Liberty Lake families to enjoy a wonderful evening together with us at Camp. Parents- wear your sneakers- The Zipline is open **JUST FOR YOU!**

**LibertyLakeDayCamp.com & CampMinder** - Update family info, medical info, choose electives, view/purchase photos, make payments, print statements, and check out the view on our **WEBCAM!** Summer links are found in the "**Current Campers/SummerZone**" section of the LLDC website, & your CampMinder account dashboard. Check it out & bookmark it!

**NEW & EXCITING** - 10th Year Anniversary Surprises, including a real Homecoming, New T-Shirt & Bags, Time Capsule & Gifts, Turtle Town, the Green Team Organic Garden, High Ropes Elements- Pamper Pole & High Ropes Traverse, New Changing Rooms, Ga-Ga Finals on the Big Stage, Fencing, Flagpole, Pool Deck, Dropoff/Pickup Turnaround, and the 9th & 10th Grade Leadership Division- are just **SOME** of the new and exciting things we have planned for this summer! Plus the return of Rodeo Week & Renaissance Day, Rap w' Big Chris, Envisions Gymnastics, Wet 'n' Wild Day, Yacht or Not, Jello Tug o' War, Color War, Gold Rush, and the "Camp-a-Palooza" Music & Arts Festival!

# Preparing for Camp



At Liberty Lake Day Camp, we have five goals in mind for our campers:

1. To become more independent and resilient.
2. To make friends and develop stronger social skills.
3. To learn new athletic, artistic, creative and outdoor skills.
4. To learn from positive adult role models.
5. To have fun.

At Liberty Lake, our campers have a unique opportunity to master skills they already possess and challenge themselves in new areas of interest. This is why our program is so wide and varied- **it is our hope that with each summer they attend, each Liberty Lake camper discovers more about themselves, and realizes more of their potential.** By working with our campers in small groups, our trained teachers and specialists ensure that every camper makes progress in each of our program areas. In addition to the program, each camper is a member of a small group of like-age campers that functions as a team/family throughout their time at Camp. Together, this group eats, competes, participates in special events (gets dragged through jello together...), and goes through the social ups and downs that all group, and its individuals encounter. Supervised by a Group Leader, Counselors and a Division Leader, it is our goal for your camper to become a vital, contributing member of their Camp Group as it matures through the summer into a strong group of friends. The sense of mutual support from the group helps solidify lessons learned in sportsmanship, sharing and responsibility. It also forges bonds of friendship that can literally last a lifetime. **Learning to co-exist with others helps a child develop greater empathy, resilience, tolerance and coping skills.** Remember your freshman year of college? It's very much like that.

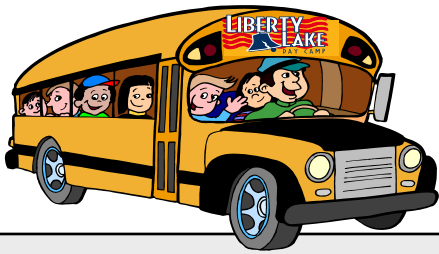
It is through the camper groups that **a real sense of accomplishment and increased self-esteem occurs**, which stays with them throughout the year, and throughout their lives. Children need to "be" successful, not just told that they are. They need to experience it for themselves, and we will give them that opportunity at Liberty Lake.

While new skills are easy to see, **new found independence** shows itself in subtle ways. The very experience of being away from home or school- exploring a controlled version of "life" on their own- helps a child become less dependent on his/her parents. Healthy independence includes gaining the courage and confidence to explore new relationships, take healthy risks, and being able to cope with difficult situations. When children mature in these ways, they become more confident in setting and achieving personal goals, taking initiative with responsibilities and solving problems. We hear it all the time from our families- **the changes in children that attend Camp is just amazing!**

We know that children learn a lot from their parents and teachers. **At Camp, your children will also learn from their counselors.** Kids often behave differently when their parents aren't around. They reach out for friendship and security, and find it in ways they never did before. They are often more agreeable. They eat a wider range of food choices. Although they are authority figures, counselors also function as campers' peers. They are closer in age than parents, have a lot more energy, and can be especially playful. As most of our Camp families know, it isn't the lake, Tower of Power, or pool slide that is our greatest asset at Liberty Lake- it's our dynamic Staff.

**A few words about "fun".** Fun is a result of the many things that happen at Camp. While Camp is mostly "fun", there are moments of Camp life- *some of the most important developmental moments that a child can have*- that are simply not fun. Learning to understand people's differences, dealing with challenging situations, coming to terms with your fears, not getting what you want exactly when you want it- each of these experiences, while not fun, represent "teachable moments" on the important road of growth and development. While Disneyworld is certainly "fun", our children don't really grow as human beings in the Magic Kingdom like they do at Liberty Lake- season after season.

**Lastly, the anxiety about starting Camp (for NEW campers).** In most situations, parents have more anxiety than their kids. Children are used to new situations, but we as loving parents over-worry about our kids. Will they be OK on their own? Will Camp do the little things? Will they get lost? These are normal thoughts, but fortunately you chose a terrific Camp, and we will take great care of your precious children by treating them like our very own. Please make every effort not to transfer your inevitable stress and fears over to your children, and don't make deals (*"I'll come and pick you up if you want me to"*) as they usually backfire. Your child needs your absolute confidence from now until the 1st day of Camp. **After the first few days, it should be smooth sailing!**



# TRANSPORTATION

Our goal is to provide a safe, enjoyable and efficient trip to and from Camp for our campers. We use school buses with professional bus drivers and have Camp staff on board ("Bus Captains") who supervise and play games with the campers. All drivers work for the local school systems during the year, and know your town.



**TRANSPORTATION CHANGES** - Can be accommodated in most cases, but we ask that you call BEFORE 12 Noon of the day in question. Please call us, send a "Liberty Mail" note, and/or Email: [bus@libertylakedaycamp.com](mailto:bus@libertylakedaycamp.com)



**CAMPER ABSENCES** - Please contact the Camp Office by 7:30 AM (or earlier) to let us know if your child will not be taking the bus to camp. This is a big help in keeping our buses on time!



**CENTRAL EXPRESS TRANSPORTATION** - Please make sure to be at the location on time, as the bus cannot wait more than two minutes. Be assured that during "drop-off" your child will never be left alone. If you are not there waiting for them, our office will attempt to contact you; and if necessary, we will finish the route, return to the Bus Stop, and as a last resort return your child to the camp. **Bring your Car Placard for Pickup Identification.**



**NEIGHBORHOOD PICK-UP/DROP-OFF** - (10% Surcharge) Someone must be home when the bus arrives in the PM unless authorization has been given to us allowing your child to be dropped off alone. We must observe the child either entering the home or being greeted by a family member, or we will return the camper back to camp.

**BUS TIMES** - On the "Transportation" page of the Camp Website, we list approximate times for all Central Express locations. Please realize however, that the Camp Population fluctuates, which effects the Bus Route times from week to week. This greatest time changes take place **Pre-Week, Wk 1, 2 & 3, and Post-Week**. We create weekly PDF documents of adjusted times for all routes, and all stops, and post this document on the Transportation webpage, and Email them to all bus families who are attending the upcoming week- Check those Emails during Camp!

## Parent Drop-Off & Pick-up



From 7 AM to 8:45 AM, Parents must show their **Car Placard** (you will receive in June) to the Security Guard at the Gate House. Turn right at Golf Course and proceed down first aisle of the parking lot, making a rectangle so that your car ends up with the passenger side facing the Twin Cedars Pavilion. At that point, a staff person will assist your camper(s) out of the car. From 7-8:40 AM campers are signed in and allowed to play and socialize with other early campers and staff. After 8:40 AM, campers are led to their arrival area, where they sit at assigned tables. **Please do not get out of your car, and/or park unless there is an emergency.** Realize that **buses** arrive between 8:40 and 9 AM. **PLEASE DO NOT ARRIVE LATE- AFTER 9 AM-** as late Campers are dropped off at the Upper Gate House, and escorted to the office to locate their groups- which may have departed for their first period activities.



After the last bus is dismissed at 4 PM, the Security Guard will announce the first group of cars to the Twin Cedars Pavilion. Parents show their placard to security, and "Drive around the rectangle" where campers will be brought out to meet their respective rides. Please realize that many "late stay" campers swim from 4:15-5, and that "Extended Hours" promptly ends at 6 PM (after which late fees may apply).



Extended hours run from 7-8:40 AM and 4:15-6 PM. To receive the 10% discount campers must be dropped off no earlier than 8:40 am and picked-up no later than 4:15 pm. You can also use half the extended hours (AM or PM), and get half the discount. If it is found that you are unable to make these times, your discount will be adjusted and extended hours (regular tuition charges) will be applied.



**EARLY PICK-UP** - If you wish to pick up your child early from Camp, please let us know in the morning. We suggest that you use **Liberty Mail** to send a written note **AND** call the Camp to confirm. **Your child will be pulled from their group between activities prior to their requested departure. Campers will only be released to their parent/guardian who will be asked to show their Car Placard at the Gate House.** If you would like your child to be picked up at Camp by someone other than their parent/guardian or someone without the Placard, please send a request in writing that morning. Given sufficient notice, we will have your camper(s) waiting at the Gate House when you arrive. Lack of notice will result in waiting until their next scheduled break. **THERE ARE ABSOLUTELY NO PICK-UPS ALLOWED BETWEEN 3 and 4 PM,** as you will be asked to wait at the entrance until after the buses depart at 4 PM. **This is a very important safety issue for us.** Please make every effort to work this policy into your plans.

# The One & Only Liberty Lake

## ★ FREEDOM OF CHOICE ELECTIVE PROGRAM ★

### CAMPERS ENTERING 1st THROUGH 9th GRADE CUSTOMIZE THEIR DAYS!

Each Monday, campers (Grades 1-9) receive an elective sheet listing the activities offered the NEXT week. They bring the elective sheet home (also posted online, and link Emailed to you), to discuss with their parents, and submit their choices through the "Forms & Documents" section of your CampMinder account (you must first log in).

### ELECTIVE CHOICES MUST BE UPDATED & SUBMITTED ONLINE EACH WEEK

Campers create an activity "Top 10" list prior to the start of the Summer (you can do it today), with choices listed in order of preference- thus the TOP CHOICE is the most desired choice, which we schedule first and then work down the list. Any "bumped" choices (due to scheduling conflicts, closed out, or lack of attendance), are given **priority placement** the next week the activity is offered and chosen. Our state-of-the-art, proprietary software program ensures top picks and happy campers! Activity Preferences do not get erased from the system- So if no updates are made in successive weeks, campers may receive the same choices. Curriculum for creative activities changes each week- So please update weekly!

**NEW FOR 2011:** With over 50 choices of electives each week, and Campers creating a "Top 10 List", there is a mathematical chance that NONE of your child's choices are offered during a given period. If this happens, the Liberty Lake scheduling system will choose similar elective choices- based on your child's "Top 10 List".

**SWITCHING ELECTIVES MID-WEEK:** Sophs, Juniors & Seniors can switch electives on Tuesday for the rest of the week. Frosh should have their parents contact us through Email or Bus Mail, and we'll make the switch for you.



- **Activities run for one week (5 days) at a time.**
- **Curriculum changes each week, so Campers can "Repeat" their choices.**
- **Read your Elective Sheets & make adjustments every week!**
- **If you are not attending Week 1 (6/27), your first elective sheet will be posted in the "SummerZone" section of the website 9 days prior to your start date.**
- **Pre + Post week campers choose DAILY electives at camp**

Turtles enjoy a set schedule each week that is specifically designed to include a variety of athletics, arts, nature, cooking and waterfront activities- led by early childhood professionals.

Please read the Week 1 Elective Sheet & create your "Top 10 List" today- Regardless of start date.

*If you have questions or concerns: [Electives@LibertyLakeDayCamp.com](mailto:Electives@LibertyLakeDayCamp.com)*

## Behavior & Discipline

Every camper at Liberty Lake should feel physically and emotionally safe. **Fighting, cursing, bullying, verbal intimidation, or any inappropriate behaviors are never tolerated at Camp, on a Camp bus, or a trip.** A safe and friendly atmosphere is the responsibility of everyone at Liberty Lake.

**Discipline is about teaching and learning;** it is not about punishment in and of itself; it is not something done "to" a child, but "for" a child. **Our goal is to teach healthy patterns of behavior.** We create a learning process that intrinsically motivates individuals toward such behavior. **All children need to learn what is acceptable and desirable, in order to help them become positive influences on society.** We teach character, morals, ethics and controlling emotions.

All disciplinary issues are brought to the attention of the Division Leader who immediately informs the parents of all campers involved as to what occurred and what action was taken. If a disciplinary problem can not be resolved, or if a camper has recurring issues, the Camp may request a meeting with the parents. If it is deemed by the Directors that there is a safety risk, or if it is no longer in the best interests of the camper (or others) to remain in Camp, the camper may be asked to leave, and a refund will be issued in accordance with our Refund Policy.

# What would happen if...

**In our modern world**, prudent planning is a must. Rest assured, Liberty Lake is a very safe place for our children. There is only one way in, and one way out of Camp, and it is guarded from 7 AM to 6 PM by two terrific security guards who take their job very seriously. Our remote location, amidst the corn and hay fields of Mansfield Township, affords us privacy, as well as terrific road access if we needed to evacuate. All staff wears uniform shirts every day. All visitors are met at the Gate House, and allowed in only if showing a placard or OK'd by the office, and then subsequently given guest stickers to wear while being escorted through Camp. Our adult staff of teachers are fingerprinted by the state, our non-teacher adults are professionally background checked, and our student staff live in the same towns as our campers and are diligently reference checked.

Our staff orientation training includes guest speakers with topics including Child Development, Child Abuse Awareness, Positive Discipline, Emergency Procedures and basic medical care. We run unannounced emergency drills weekly during the Camp season. We have a Camp Doctor on call, the Mansfield First Aid Squad is just around the corner, and we have an ambulance arrangement with Virtua Memorial Hospital in Mt. Holly. Liberty Lake Day Camp is accredited by the American Camp Association (Andy, Jason & Brandi are all very active members), and we are licensed by the NJ State Department of Health.

Assistant Director, Jason Samuel, is a Red Cross Certified Trainer, who personally trains our lifeguard staff and teaches CPR, First Aid, and AED certification courses at Liberty Lake. We employ two Registered Nurses, an EMT, and have an AED unit on site. **\*\*\*We also employ a dynamic, experienced social worker, Cathi Fischer, who works with our staff, campers and camp families from June through August\*\*\*** Feel free to contact Cathi during the summer.

But what if something happens somewhere else during the Camp season? In conjunction with the State, County and Township Offices of Emergency Management, we have worked with experts to prepare as much as possible for any eventuality. Please know that communication with our parents is an integral part of this plan.

## **At Camp, our priorities would be:**

1. To care for your children during the Camp day, and beyond if necessary. Our caterer keeps one week of extra food on hand, and we have bottled water and drinks.
2. To transport our campers and staff to a nearby indoor facility if necessary. Our local bus company is on call and ready to move campers within 10 minutes of our notice to them.
3. To insulate them as much as possible from anything terrible that may have happened elsewhere, and to meet their needs as fully as possible.
4. To facilitate communication with you, and to aid you in bringing your family together as quickly and safely as possible. We are committed to doing everything that technology allows us to do to make this happen.
  - \* **Our website can be quickly updated, and we can send every parent an Email in about 1 minute.**
  - \* **We utilize an amazing service called TEXTCASTER, which can send an emergency text message to your phone(s) of choice.** Please register your phone(s) ASAP- in our SummerZone link

## **What you can do to help us:**

1. Make sure that your Emergency Contact information & Email is up-to-date in CampMinder.
2. Make sure that people other than you or your spouse, are listed as "Emergency Contacts", especially those "authorized adults" who could be picking up your camper(s) from Camp.
3. **Register your cell phone(s) to receive emergency texts, Link is in SummerZone section of website.**
3. Remember that we are taking care of 600 campers at a time, and that we are looking out for the safety of them all. Hence, there may be a lot of people jamming our phone lines if you try to call us in the midst of an emergency (or even a severe rain storm). Wait for the text message or Email from Andy.

Liberty Lake has carefully planned for multiple emergency scenarios, and we are prepared to care for your camper(s) for as long as necessary. Our Insurance Company has professionals ready to help us at a moment's notice. We rarely need any of these things, but we are always READY. If you have any specific questions about these procedures, please feel free to contact Andy at [andy@libertylakedaycamp.com](mailto:andy@libertylakedaycamp.com) or 609.499.7820.

**At Liberty Lake, We're Serious About the Safety of Your Children**

# Back to the Fun Stuff...

# ★ PROGRAM FUN! ★



## AWESOME SPORTS & ADVENTURE ACTION!

Our coaches run **dynamic sports clinics** that target all ability levels. Sports activities include instruction through “lead-up games” as well as competitive games. We provide equipment for all activities, including helmets and pads for mountain boarding, skateboarding and rock climbing. Our **High Ropes Adventure Program** is amongst the finest in the country, with exciting elements 25-35 feet above the ground, plus a Zipline across the lake! Besides Ga-Ga and Hulla-Ball (two favorites), there are lots of cool choices- including many activities that you’ll never find at home- so try them out!

## NOW PLAYING AT A THEATER NEAR YOU...

Creative energy and excitement fills Liberty Lake each day as campers enjoy Drama, Dance and Music Workshops daily. **The big Camp Show is the Disney Channel hit- CAMP ROCK** scheduled for Thursday, August 4. In addition, our exciting “**Videography**” elective promises to challenge participants in screenwriting, storyboarding, acting, directing and filming our own 2011 Liberty Lake Day Camp Yearbook DVD! There’s no limit to how far your creativity can take you at LLDC!



## ARTISTS-IN-RESIDENCE

Liberty Lake offers campers a broad spectrum of artistic activities which will challenge their imagination. Our instructors encourage **artistic awareness** while teaching the **proper skills and techniques**. Most projects take 5 days to complete, with completed projects going home on Friday afternoons. Our Music Department Rocks as well, especially with our new partnership with the **SCHOOL OF ROCK** in Cherry Hill & Princeton. Don’t forget our **CAMP-A-PALOOZA FESTIVAL~ WEEK 8**



## GIFTED & TALENTED

Our eclectic & diverse programs challenge the most academically inclined child, and are fun and interesting for those who want to try cool, new hands-on activities. Our great staff of specialists is augmented by outside professionals.

## LAKEFRONT FUN:

Learn new skills in canoeing, kayaking and sailing or go fishing in our naturally stocked lake which is supervised by a specially trained staff of **Red Cross Certified Lifeguards** and boating/fishing enthusiasts. Group leaders and counselors get involved and go in the boats with younger campers. Life-jackets are worn at all times while boating on the lake, or jumping on the Water Trampoline. Our lake is “Spring-Fed” by natural springs, tested weekly, and enjoyed by everyone!



## SWIM PROGRAM:

Swimming is perhaps the most popular, and important component of the Liberty Lake program. On Mondays, campers’ skills are assessed, and placement in the appropriate swim instruction groups is made for Turtles through Sophs (Pre-K to 4th Grade). Once a camper is placed, they work towards moving up to higher swim groups at their own pace. Progress reports are **Emailed home** throughout the summer. Entering 5th-9th grade **Junior & Senior Division Campers** are exempt from mandatory instructional swim, but may choose a “2nd Swim” by joining the Swim Team, Swim Instruction or Water Trampoline as one of their many electives.

<p><b>SHRIMP</b> </p> <ul style="list-style-type: none"> <li>*Demonstrates comfort in water</li> <li>*Will put whole face and whole head underwater</li> </ul>	<p><b>SWORDFISH</b> </p> <ul style="list-style-type: none"> <li>* Freestyle coordinated with arms, legs, and face in water (breathing may be to front or side)</li> <li>* Can retrieve objects from the bottom of the shallow end</li> <li>* Can perform elementary backstroke (with minimal instruction if necessary)</li> <li>* Can jump unaided into deep water</li> </ul>	<p><b>SHARK</b> </p> <ul style="list-style-type: none"> <li>*Coordinated breastroke</li> <li>* Coordinated backstroke</li> <li>* Treads water confidently between skills</li> </ul>	<p><b>BARRACUDA</b> </p> <ul style="list-style-type: none"> <li>* Coordinated butterfly</li> <li>* Swim underwater 5-10 yards</li> </ul>	<p><b>JR. VARSITY</b> </p> <ul style="list-style-type: none"> <li>* Breastroke open turn w/ pullout</li> <li>* Retrieve diving brick from deep end</li> </ul>	<p><b>JR. LIFEGUARD</b></p> <ul style="list-style-type: none"> <li>* Senior Camp Elective Red Cross Training with our Head Lifeguard to start you on the path towards being a Liberty Lake Lifeguard!</li> </ul>
<p><b>GUPPY</b> </p> <ul style="list-style-type: none"> <li>* Demonstrates knowledge and use of “Big Arms”</li> <li>* Knows how to use a kickboard and can kick for 15 yards</li> <li>* Can float aided on front and back</li> </ul>	<p><b>DOLPHIN</b> </p> <ul style="list-style-type: none"> <li>* Demonstrates some knowledge of sidestroke</li> <li>* Demonstrates butterfly body motion (the worm)</li> <li>* Understands surfaces dives with brief instruction</li> </ul>	<p><b>KINGFISH</b> </p> <ul style="list-style-type: none"> <li>* Practice of all strokes well above average</li> <li>* In-water forward flip/somersault</li> </ul>	<p><b>NEPTUNE</b> </p> <ul style="list-style-type: none"> <li>* Freestyle flip turn w/ approach</li> </ul>	<p><b>VARSAITY</b> </p> <ul style="list-style-type: none"> <li>* Racing starts</li> </ul>	<p><b>SWIM TEAM</b></p> <p>Competitive Swimming styles and strokes, as well as kickturns and racing starts. A great way to improve your cardiovascular strength, while refining your strokes.</p>
<p><b>SAILFISH</b> </p> <ul style="list-style-type: none"> <li>* Can use “Big Arms” with rotary breathing at side of pool.</li> <li>*Knows the whip (frog) kick</li> <li>* Can float unaided on front and back</li> <li>* Can tread water</li> </ul>	<p><b>MARLIN</b> </p> <ul style="list-style-type: none"> <li>* Fully coordinated free-style (no flailing arms or legs) with rotary breathing</li> <li>* Demonstrates some knowledge of breastroke</li> <li>*Demonstrates some knowledge of backstroke</li> </ul>	<p><b>STINGRAY</b> </p> <ul style="list-style-type: none"> <li>* Demonstrates coordinated sidestroke</li> <li>* Demonstrates butterfly arms ( may or may not be coordinated with body motion)</li> </ul>	<p></p> <p><b>American Red Cross</b></p>	<p></p>	

**“FREE SWIM”** is a daily opportunity for campers to enjoy our Pools, the sandy beach, or deep side each afternoon. Free Swim features our 25 foot Water Trampoline and our 50 ft. Pool Slide! Besides swimming, campers can also choose to relax by the water, socialize, sunbathe or play quiet games. **Just another way to customize your day at Liberty Lake!**

# FINANCIAL FACTS...

## Tuition Payments:

After June 1, any outstanding balance results in the adjustment of enrollment weeks based on the money that has been paid up to that point. Remaining weeks get filled in by any campers on our waiting list. Call us ASAP with any questions about this. **When adding weeks after June 1, full payment is required immediately!**

## Staff Tipping and Gratuities:

Every summer, we receive calls from our parents asking just what "this tipping thing" is all about. We understand that for many of our Camp families, Liberty Lake is their first Camp experience. One thing that's pretty universal in the Camping world is "Tipping" or "Gratuities". While Liberty Lake pays competitively for a Camp, teachers could make more teaching Summer School, and students could work 60+ hours per week in retail. Our high school students are in a "leadership training program" of sorts, and appreciate tips the most. While tipping is not required, we do suggest that tips are an appropriate way to show your appreciation to various staff members who have contributed towards the success of your child's experience. Our staff typically receive gratuities from Camp families in the range of about \$5-10 per week/per camper. **Whether it's \$20, \$50, a gift certificate, or simply a heartfelt letter- staff appreciate any token of appreciation for their hard work and effort.** Tips are usually given out on the Camper's last day of Camp (not during "Parent Night"). The office holds onto all tips until the end of the day to distribute for the staff.

## The Liberty Lake Day Camp No-Risk Refund/Credit Policy:

Liberty Lake Day Camp has the most flexible refund/credit policy in the Camp industry, as most other Camps do not offer ANY kind of refunds. Inevitably though, some parents don't fully understand it. Here it is again with further explanation:

**"Enrollment adjustments resulting in a refund/credit AFTER June 1 become a tuition credit for 2011 or 2012 - as long as the Camper does not attend for a full week of Camp, AND the Camp is notified by 12 noon, Monday of the week prior."**

*In other words- Call us (better than Email) by 12 noon, Monday (a week in advance) about not coming the next week, and you get a credit for that upcoming week. Remember- A week in advance.*

**"There are no refunds for *missed days* for any reason."**

*In other words, if your child is sick, or does not attend Camp for any reason- Camp has reserved/paid for that week, paid for food, materials, staffing, etc. It's too late for us to replace that spot with another camper.*

**"All refunds/credits are based on the difference between the tuition that was paid and the tuition that would have been paid had the camper enrolled for the lesser number of weeks."**

*In other words- If you signed up for 8 weeks and cut it down to 7, we pretend that you initially signed up for 7 weeks, and credit you the difference. On the converse side, if you extend, we use your original registration rate.*

**"First-time Camp Families may receive cash refunds after the Camp season, if they do not wish to use their tuition credit for the current or following Camp Season."**

*As a bonus for NEW Camp Families, we can process a cash refund after Labor Day weekend if you desire it. Being that Early Bird Enrollment takes place at that same time, we encourage you to use your credit towards a 2012 deposit at 2011 rates, as described below.*

## '11 Extentions... '12 Early-Bird Enrollment:

**As long as there is availability, we allow our Camp Families to extend their children's stay once the summer begins.**

Many Campers in each group may extend, so contact us ASAP if you are considering it- to find out if there is availability.

**On Monday, August 1, 2011 Camp Families will be given Priority Status to register for the 2012 Season** with a fully-refundable \$500 deposit per camper. This deposit locks in the lowest tuition rate possible, with an added bonus of enabling you to take advantage of the 5% November "Early Pay-in-Full" discount. If you don't pay in November, the balance is due March 31, 2012. Any "Early Bird" balance not paid in full by 3/31/12 will result in the Early Tuition Rate **increasing** to the Winter Rate.

# ★ VERY IMPORTANT INFO ★

**MEDICATION** - All medicine should be sent in its original container with a doctor's note in a ziploc bag. We have two Registered Nurses who administer medication, but must have a note from a doctor to do so (you can download the "Permission to Administer Medication" form online). **Please make sure that the Camp knows of all medications that your camper(s) may take, both at home and camp.** The Nurse, Director or Division Leader will call you for any illness or injury that we notice at Camp.

**SUNSCREEN** - We highly recommend that you apply sunscreen to your camper(s) prior to their arrival at Camp. If you pack sunscreen, we will help apply the sunscreen to all Turtle and Freshman campers after each swim period. If you would like sunscreen applied to older campers, please send a note in to your camper(s) Division Leader and we will be glad to help.

**EVENING EVENTS** - On July 26, the Juniors (entering grades 5-6) have a **Late Stay Pizza & Pool Party**, and remain in Camp unless parents contact us to put them on the PM bus. Juniors are picked up at 5:30 PM (*no camp bus home at that time*). **August 4 is our annual Family Night from 5:30-7:30pm**, including a phenomenal Barbeque dinner, Camp Rock performance, 5 & 10 Year Ceremonies, and more. On August 16, the Senior & Leadership Divisions will have an **Evening Dance Party** in which campers will go home (if possible), return to Camp at 6 PM, and get picked up at 9 PM. Leadership Division goes on an overnight 8/10-11. The Girls Campout is July 15, and Boy's Campout is July 29 (grades 3-9).

**TRIPS OUT OF CAMP** - Intercamp competitions, program trips, the zoo, etc. are all OPTIONAL (but encouraged). When you registered, you digitally signed a waiver to allow us to take your camper(s) on trips. We will always send written and Email notification home to you, with an opportunity for you to opt out of going on a scheduled trip.

**COMMUNICATION** - "If you have any questions or concerns, please contact the office." We say this often, and we truly mean it. Be sure to regularly check your Email Inbox, check the SummerZone section of our website, and read our weekly newsletters (hard copy or digital) for important updates on Camp happenings. In our next mailing you will receive blue "**Liberty Mail**" envelopes. Complete the envelope with your note inside and give it to the Bus Captain or morning arrival staff who will deliver it to the office. We can provide more envelopes upon request. We prohibit communication between campers and staff via cell phones, "IM", Emails, etc. While the recent emergence of Facebook has complicated issues, staff and campers may become common members of groups, but we do not feel that they should become official internet "friends". We do our best to monitor things, but need your help.

**FOOD & SNACKS** - Campers choose a delicious lunch every day, to enjoy under our Dining Tent. There is a hot main entree, a variety of "substitute" sandwiches, salad bar, pasta bar, and cold drinks offered each day. Ice water is readily available at all activity areas, and campers can enjoy **bagels in the morning, fresh fruit all day and popsicles in the afternoon!** We also have a "**Snack Shack**" for additional healthy snacks and drinks at extra cost (sort of like a drink machine would be) as well as free treats, like our ever popular Slushies.



**BIRTHDAYS** - Campers celebrate their birthdays with **Group Slushies**- so please don't send anything (allergies).

**PROFESSIONAL PHOTOS** - Irvin Simon Photographers will be taking professional camper and group photos on **Tuesday, July 26**. Campers are reminded to wear their Camp shirt on that day. If you are interested in professional Camp photos of your camper(s), simply fill out the **enclosed picture form** and return it to the Camp office ASAP.

★ **PROHIBITED** ★ **Flip-Flops are dangerous at Camp, and not permitted.** Alcohol, cigarettes, illegal substances (*we reserve the right to check belongings*), or anything that can be used as a weapon. Campers found to have any of these items at camp will be dismissed from Camp, and the appropriate authorities will be notified.

**LEAVE YOUR VALUABLES HOME** - The Camp will not be responsible for any lost/stolen personal items brought to Camp. We will not replace these items if they go missing for any reason. These items are unnecessary at Camp. *Trading Cards are allowed only during set elective times, and can be kept in a locked box the rest of the day.*

## LEAVE THE CELL PHONE & ELECTRONICS HOME!

**Cell Phones, DS, iTouch, iPods, and all other electronic devices may not be brought to Camp.**

Camp is a "step back in time", a place where we make real friends, not just Facebook friends. A place where we actually speak to one another, and a place where games are played on fields, or under tents- **OUTSIDE**. As useful as modern technology can be, Camp provides a break from the screens which we stare at, and an opportunity for us to interact with each other the way humans have for thousands of years- Face to Face. Kids have plenty of time in their life to stare at screens- It's our job to give them as much sunshine as we can during their most formative years of life.



+ **LibertyLakeDayCamp.com** =  
**Year-Round Camp Communication**

Now Also Through

facebook

Liberty Lake Day Camp is proud to utilize the technology of CampMinder- the leader in web-based Camp database systems. When you "login" to CampMinder, you are actually IN OUR DATABASE SYSTEM! If you haven't already, we urge you to go on-line ASAP to add to/update your family's info, add/update your camper(s) health history information (an annual state requirement), as well as acquaint yourself to this great, new communication tool. Here's a quick rundown of some of our web-based benefits:

- ◆ **Update your family's information any time:** Cell phone #, Email, mailing addresses, etc. All reviewable online.
- ◆ **Health Forms:** Input your information **ONE TIME**- and it will be with us forever! (must be updated each year- By June 1) **You will still need to print out a "Permission to Administer Medication" form to be signed by a Doctor each year** (printable from website), but you won't have to look for the dates of your camper(s) immunizations after the first year. If you haven't done this already, please do it ASAP- as legally, we need a current Health History for your child to attend Camp.
- ◆ **Elective "Top 10 List":** Online elective selection makes choosing electives quick and easy! Go to "Forms & Documents", and Enter your "Top 10" today! Electives are posted a week in advance, and processed Wednesday morning.
- ◆ **Other Important Documents:** Menu, Picture forms, Permission forms, Laketionary, Parent Guide, New Parent Notes, and more!
- ◆ **Online Summer Photo Albums:** We upload over 100 photos each day, which you can save and purchase if you like.
- ◆ **Payments:** Put your credit card into our CampMinder system and we'll be able to process it when you want us to. A monthly payment option, from September through April, allows us to automatically bill your card on the 1st of each month in equal payments. Don't forget to update your expiration dates- and use your AMEX!
- ◆ **Statements, Invoices and Receipts:** Choose "Email" as the option in your family file, and get your financial statements instantaneously sent to you in 4-color PDF format. **Login now, and print your statements yourself!**
- ◆ **Online Registration:** Re-enrollment is a snap in August, as all your information is already in the system!
- ◆ **You can now log into CampMinder "InTouch" -**

**- Through the Liberty Lake Facebook Fanpage!**  
<http://www.facebook.com/LLDCFANPAGE>  
*Just go to the Liberty Lake Facebook Fanpage, "Like Us", Then look in the left column, beneath the logo. The 4th link down is a little leaf that says "CampInTouch", click it, and you will see a link to log in to your personal account. Use your Email and password, and you will be in CampMinder, through Facebook! An easy way to check out pictures and so much more!*



Every parent who has an Email on file with Liberty Lake has their own personal login Email and password. If you can't log in, call us to validate a current Email, click "retrieve password" to be sent your password.

The CampMinder "Login Screen" takes you into your personal account "dashboard" area, with links to everything you need. The Web-Cam can be accessed (and bookmarked) through the "SummerZone" page of the Liberty Lake website.

**LIBERTY LAKE DAY CAMP CONTACT INFO:**

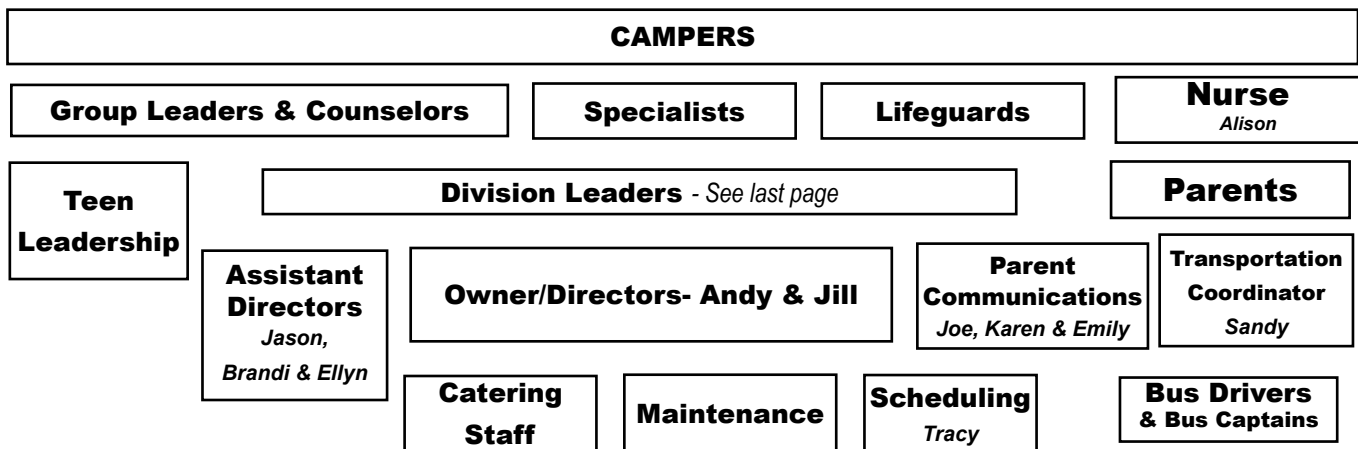
- \* **Phone: (609) 499-7820 \* Fax: (609) 499-0025**
- \* **Email: [fun@libertylakedaycamp.com](mailto:fun@libertylakedaycamp.com) (goes to directors)**
- \* **Also: [bus@](mailto:bus@), [nurse@](mailto:nurse@), [leaders@](mailto:leaders@), [register@](mailto:register@), [team@](mailto:team@), [andy](mailto:andy), [joe](mailto:joe), [jason](mailto:jason), etc!**
- \* **Website: [LibertyLakeDayCamp.com](http://LibertyLakeDayCamp.com)**
- \* **Blog: [LibertyLakeDayCamp.blogspot.com](http://LibertyLakeDayCamp.blogspot.com), [Facebook.com/LLDCFANPAGE](http://Facebook.com/LLDCFANPAGE)**
- \* **Web-Cam: user name: happycamper ~ password: summer**
- \* **CampMinder Login: We MUST have a valid Email address in our system**
- \* **Address: 1195 Florence Columbus Rd, Columbus, 08505**

# The Most Popular Parent QUESTIONS + Answers!

- 1 When does the bus pick up?**  
 In early June, you will receive a **Camper Label** (name tag) which has the approximate pick-up/drop-off times at your express stop or house. Please have your camper ready and waiting 10 minutes before the time indicated on the Camper Label on their first day of Camp, and every successive Monday, as times fluctuate from week to week.
- 2 What group is my Child in?**  
 Your camper's Group Name and Division will also be listed on the **Camper Label**. Please make sure your camper wears their label on his/her shirt for their first day of camp. This will help our staff escort campers to their arrival areas when they get to Camp, as well as their bus/dismissal areas at the end of the Camp day.
- 3 What are the hours of Camp?**  
**The Regular Camp Day is 8:45 AM to 4:00 PM.** Early extended hours begin at 7 AM. Buses arrive at camp between 8:45 and 9 AM. Buses leave promptly at 4 PM, after which parents may pick up their camper(s) until 6 PM if utilizing extended hours or by 4:15 to get the "no extended hours/no transportation discount".
- 4 What should I pack for Camp?**  
 Each camper receives a Liberty Lake backpack and T-Shirt on their first day of Camp (**or the 6/14 "Meet/Greet"**). **All Campers must wear SNEAKERS AND SOCKS every day (NO FLIP FLOPS)**, as we run around a lot, and don't want twisted ankles! Campers should wear a bathing suit to Camp in order to facilitate getting to and from the pool quickly. They should also **pack an additional bathing suit and one towel in their bag**. We also suggest packing sunscreen (please apply before leaving home) plus a sweatshirt or windbreaker. Don't bring anything of great value, and **LABEL EVERYTHING!**
- 5 What do I do if my child is NOT attending Camp on a given day?**  
**If your camper(s) ride the bus, contact the office by 7:30 AM.** If driven to Camp, contact us by **9 AM**. Remember, there is no credit given for "missed days". See page 7 of this guide for info on cancelling or rescheduling FUTURE weeks.
- 6 What do you do when it RAINS or when it's TOO HOT?**  
 In event of rain, or as we call it- "**Liquid Sunshine**", we go about our regularly scheduled activities, substituting dry covered area games for all field sports and waterfront activities. Occasionally we may take a division to the movies or bowling. **PLEASE be sure to dress your camper(s) appropriately on these days** (windbreaker/sweatshirt). **Always send bathing suits to camp**, as the sky usually clears up. **Too Hot = Lots of extra swimming time + water games!**
- 7 What do I do when I want to Pick up my child from Camp early?**  
 Call and write a note, and plan on picking up **before 3 PM**. More info on this at bottom of page 3, Transportation page.
- 8 Who do I contact with questions?**  
**Call the office at (609) 499-7820, Email us at [fun@libertylakedaycamp.com](mailto:fun@libertylakedaycamp.com), or send a note via Liberty Mail.** Liberty Mail envelopes will be included in the next mailing. If you have a specific question regarding your camper, we will direct you to your camper's Division Leader. Our Division Leaders are the communication link between Camp and home. Please share with them any information that will help us make your camper's summer the best ever! They will call you back after the buses pull out at 4 PM unless it is a time sensitive issue or an emergency.



## WHO'S WHO AT CAMP?





**LABEL, LABEL, LABEL!** Put your camper's name on all towels, shirts, bathing suits, hats, shoes, sunscreen, etc. with a laundry marker or labels which can be purchased through our "BUNKLINE" camp store. Also, please do not send Electronics, toys or other valuables to Camp with your camper(s), as **the Camp will not be responsible** if they are lost, stolen or broken.



**Wear the "Camper Label"** the first day of your Camp session as this will help us get your camper to their group upon arrival at Camp, and on the bus at the end of the day. Please be **Ready & Waiting** for the Camp Bus in the morning, realizing that **times fluctuate slightly from week to week.**



**Update "Top 10 Elective Choices"** by Wednesday morning each week prior, through the CampMinder login on **LibertyLakeDayCamp.com** We will Email you reminders- **This is REALLY important!!!**



**Stay Informed** - Read **The Liberty News** which is sent home with the campers every two weeks, read your Emails, and check our website "**SummerZone**" section, and our Facebook Fan Page on a regular basis. All will have lots of information about past, present and upcoming events and programs.



**Ask the Question!** We are here to help with any requests - **call us, email us, or "Liberty Mail" us!** We pride ourselves on communication- So if you see anything we should know about- **please tell us!**

### 2011 LEADERSHIP TEAM

- **Andy & Jill Pritikin- Owner/Directors**     **Jason Samuel- Assistant Director**     **Joe Craig- Administrative Director**
- **Brandi Carnivale- Program Director**                     **Ellyn Kellerman- Special Projects Director**
- **Karen Kinter & Emilyanne Pongracz- Parent Communications**     **Sandy Schaefer- Transportation Coordinator**
- **Alison Emery - Head Nurse**                     **Tracy Calabria - Elective Scheduling Coordinator**
- **Samm Meddaugh & Allison Noyes- Swim Coordinators**     **Emmy Brandon - Spirit Events Coordinator**
- **Danielle Moore & Charles Johnson - Gate Security**                     **Michelle Fowler - Fine Arts Director**

### DIVISION LEADERS

<u>Turtles (4 &amp; 5 yrs)</u>	<u>Freshman (1st-2nd)</u>	<u>Sophs (3rd-4th)</u>	<u>Junior (5-6th)</u>	<u>Senior (7-9th)</u>	<u>Leadership (9-10th)</u>
Casey Durr	Matt Huminski	Delilah O'Neil	Kathy Breen	Kevin Amey	Justin Brown
	Caitlin Summer	Christian Cannizarro	Terance Auleta	Jenn Kavlich	Terri Southerland
	Gale Kocis	Chris Jorge	Chris Focarile	Jeff Windle	Erin Walton

## KEY CAMP DATES



- **May 21** - Community Health Day, 11-4
- **June 1**- Health Records need to be in (see **CampMinder** info)
- **June 4, 5, 11, 12**- NJ Renaissance Faire
- **June 8, 6:30-8 PM** "New Parent Orientation" Q & A with Andy- for parents of Rookie Campers, 1st time Frosh, Sp. Needs
- **June 14, 6:30-8 PM** "Meet 'n' Greet" - Come meet your Group Counselors, Division Leader & Nurse + get bags/shirts
- **June 20**- "Pre-Week" begins.
- **June 27**- First Day of Regular Camp Season
- **July 4** - Camp Closed, National Holiday
- **July 15**- Girls Survival Skills Sleepover (3rd gr+, \$25 fee)
- **July 21** - Seniors and CITs go to the Beach
- **July 26** - Picture Day- **WEAR CAMP T-SHIRT**  
- Junior Late Stay, (5:30 pickup @ Camp)
- **July 29**- Boys Survival Skills Sleepover (3rd gr+, \$25 fee)
- **August 4, 5:30-7:30 PM**- "**Family Night**"  
- 5:00 performance of ""Camp Rock"  
- 7:00 "Old Timer's 5-Year Club", 7:20 "10-Year Ceremony
- **August 8**- 10th Annual Ga-Ga Tournament
- **August 16**- Senior Camp Evening Dance. 6-9 PM
- **August 18**- "Camp-a-Palooza" Music & Arts Festival
- **August 22**- "Post Week" Begins



"Old Timer's Club" Inductees

...Gold Rush? COLOR WAR?? WE'RE NOT TELLING!!!

